

Saddle Fit Q and A



by Jochen Schlee Certified Master Saddler, Saddle Ergonomist

Q

I'm struggling with getting my horse engaged and my horse is resisting. Any saddle advice?

A

These behaviors may be caused if your saddle is out of balance.

If your saddle is too high off the horse's withers or too low in the back, this will cause a lot of excess uneven pressure on the horse's loins. It will be very difficult for your horse to engage as it will be unable to come through with its back and step underneath itself into a correctly engaged frame. It will also put you in the wrong position.

If your saddle is too low in front, it will pinch the horse's shoulder - which is very restrictive for your horse! In this situation, your saddle may be too wide in the front or too high in the back. This causes discomfort for your horse, and forces you to sit in an unnatural position that may affect your riding or strain the discs in the lower back.



WATCH MY VIDEO

**– Checking Saddle Balance on
www.SaddlesforWomen.com
to our You Tube Channel.**

**Brought to you by Schlee –
Ride pain free. For you. For your horse.
www.SaddlesforWomen.com
and Guys too!
1-800-225-2242 www.Saddlefit4life.com**

