Saddle Fit Q and A



I'm struggling with getting my horse engaged and my horse is resisting.
Any saddle advice?

A These behaviors may be caused if your saddle is out of balance.

Saddlefit4Life.com
"Protecting Horse and Rider from Long-term Damage!"

Saddle Fit
Education

1 y old Cantano "Marco Tanagan" more Stating/Malas"

Pheno Courtery of Notice Reports, 01/14



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If your saddle is too high off the horse's withers or too low in the back, this will cause a lot of excess uneven pressure on the horse's loins, it will be very difficult for your horse to engage as it will be unable to come through with its back and step underneath itself into a correctly engaged frame. It will also put you in the wrong position.

If your saddle is too low in front, it will pinch the horse's shoulder - which is very restrictive for your horse! In this situation, your saddle may be too wide in the front or too high in the back. This causes discomfort for your horse, and forces you to sit in an unnatural position that may affect your riding or strain the discs in the lower back.

Your horse will be much more comfortable in a well-balanced saddle, because the rider's weight is distributed over a larger area. The saddle will not be driven into the shoulder or back on the loin. With correct balance you will be able to use the 4 curves in your back as natural 'shock absorbers', and sit balanced on your seat bones so you can lean forward and backward without the lower or upper leg swinging back and forth.

 Checking Saddle Balance on www.SaddlesforWomen.com to our You Tube Channel.

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